

| Specific environment | Health effects | Target level (dB(A)) |
|--|--|---------------------------|
| Outdoor living area | Serious annoyance, daytime and evening | 55 |
| | Moderate annoyance, daytime and evening | 50 |
| Indoor living area | Speech intelligibility and moderate annoyance, daytime and evening | 35 |
| Inside bedrooms or hospital ward rooms | Sleep disturbance, night time | 30 |
| Outside bedrooms | Sleep disturbance (window open) | 45 |
| School classrooms | Speech intelligibility, disturbance of information extraction, message communication | 35 |
| Hospital treatment rooms | Interference with rest and recovery | <i>as low as possible</i> |
| Industrial, commercial, shopping and traffic areas | Hearing impairment | 70 |
| Ceremonies, festivals and entertainment events | Hearing impairment | 100 |
| Public address | Hearing impairment | 85 |
| Music through headphones | Hearing impairment | 85 |

Guidance on acceptable levels of noise in the community (World Health Organization)