

Specific environment	Health effects	Target level (dB(A))
Outdoor living area	Serious annoyance, daytime and evening	55
	Moderate annoyance, daytime and evening	50
Indoor living area	Speech intelligibility and moderate annoyance, daytime and evening	35
Inside bedrooms or hospital ward rooms	Sleep disturbance, night time	30
Outside bedrooms	Sleep disturbance (window open)	45
School classrooms	Speech intelligibility, disturbance of information extraction, message communication	35
Hospital treatment rooms	Interference with rest and recovery	<i>as low as possible</i>
Industrial, commercial, shopping and traffic areas	Hearing impairment	70
Ceremonies, festivals and entertainment events	Hearing impairment	100
Public address	Hearing impairment	85
Music through headphones	Hearing impairment	85

Guidance on acceptable levels of noise in the community (World Health Organization)